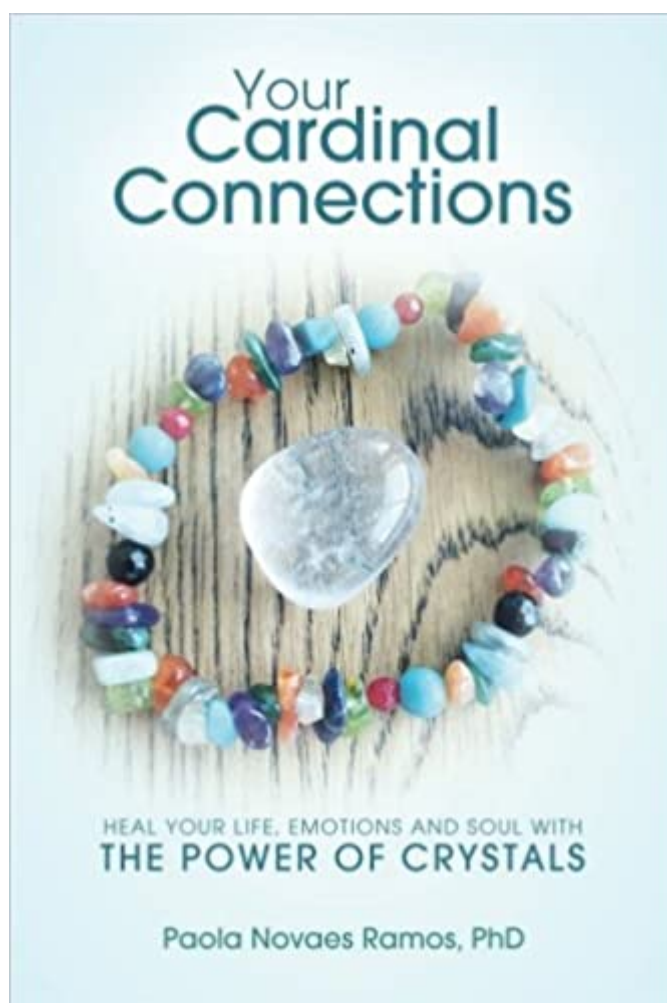


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# Your Cardinal Connections: Heal Your Life, Emotions And Soul With The Power Of Crystals



## Synopsis

Your Cardinal Connections offers excellent guidance, questionnaires, and specific practices to help you heal your life in any area where you feel blocked. It taps into the natural power of crystals and how they can help unlock the door to a better present and future as you become more aware of your self-connection and heal your emotions. Inside, you will discover exactly how powerful simply holding a crystal can be as you answer valuable questions to determine if any of the six key areas of your life need healing. These areas consist of body, professional life, financial life, home, love and relationships, and spirituality. Once you've determined which area(s) need your vital attention, the book will also guide you in healing this life area so that you can have a happier and more peaceful future. Finally, you can dive into multiple guided meditations that incorporate the use of crystals to boost your abilities and delve deeper into your journey to higher self-awareness. With Your Cardinal Connections, Dr. Paola Novaes Ramos guides you through a spiritual and personal transformation while utilizing the energy and power of crystals for a gentle healing process.

## Book Information

Paperback: 136 pages

Publisher: CreateSpace Independent Publishing Platform (November 26, 2016)

Language: English

ISBN-10: 1539726207

ISBN-13: 978-1539726203

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 9.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #544,830 in Books (See Top 100 in Books) #224 in Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals

## Customer Reviews

Paola Novaes Ramos is an award-winning author, the founder of the Ranova Healing Center in Florida, and the creator of The Cardinal Method of Life Connection, which deals with powerful energy-healing methods inspired by her vast research in human nature, the soul, and self-awareness along the journey of life. She holds a PhD in social sciences and comparative studies and is a highly respected professor at the Political Science Institute of the University of Brasilia. She is devoted to research within the BodyTalk System, as well as continuing further work with The Cardinal Method of Life Connection. Ramos is also the creator and illustrator of the Familia

Institucional HQ blog, which educates regarding institutions, moral philosophy, and family constellations. Her past work includes the award-winning book *A Pertinência do Conceito de Legitimidade Para Organizações Políticas: Perspectivas Indígenas e Modernas*.

I have started reading this book last night, of course I didn't expect the book to move me emotionally but I was wrong. I couldn't believe this loving, understanding and compassionate energy I felt as I was reading it. I had to put the book down couple of times because I felt pain, aches and deep emotions in my body, and yes I did hold a crystal while I was reading it. This book is very powerful and somehow gentle at the same time. I highly recommend this book to everyone. Izabella W.

Your Cardinal Connections provide a very deep and simple healing process that will connect you with your truth and heart. The most transformative book I've recently read! It's a must!

It's excellent and helps us to think about our lives in a very different way of most self help book I read before

Great!!! I loved it!

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